

# **XTREME CHEER XPERIENCE DIVISIONS, AGE GRID AND SCORING INFORMATION**

## **ALL STAR**

2022 – 2023 XCX CHEER AGE GRID

2022 – 2023 XCX DIVISIONS

2022 – 2023 PREP RUBRIC &  
SCORESHEET

2022 – 2023 TINY NOVICE/NOVICE  
RUBRIC & SCORESHEET

2022 – 2023 ELITE LEVELS 1-7 RUBRIC & SCORESHEET

## **SCHOOL & RECREATION**

GAME TIME & REC DIVISIONS

SCHOOL & REC PERFORMANCE  
DIVISIONS

GAME TIME RULES & RESTRICTIONS

PERFORMANCE, CHEER PERFORMANCE  
AND GAME PERFORMANCE RULES &  
RESTRICTIONS

SCHOOL & REC NOVICE  
PERFORMANCE RULES, RESTRICTIONS &  
RANGES

SCHOOL & REC INTERMEDIATE  
PERFORMANCE RULES, RESTRICTIONS &  
RANGES

SCHOOL & REC ADVANCED  
PERFORMANCE RULES, RESTRICTIONS &  
RANGES

SCHOOL & REC SCORESHEETS