

# XTREME CHEER XPERIENCE DIVISIONS, AGE GRID AND SCORING INFORMATION

## ALL STAR

2021 – 2022 XCX CHEER AGE GRID

2021 – 2022 XCX DIVISIONS

## SCHOOL & RECREATION

GAME TIME & REC DIVISIONS

SCHOOL & REC PERFORMANCE  
DIVISIONS

GAME TIME RULES & RESTRICTIONS

PERFORMANCE, CHEER  
PERFORMANCE AND GAME  
PERFORMANCE RULES &  
RESTRICTIONS

SCHOOL & REC NOVICE  
PERFORMANCE RULES, RESTRICTIONS  
& RANGES

SCHOOL & REC INTERMEDIATE  
PERFORMANCE RULES, RESTRICTIONS  
& RANGES

SCHOOL & REC ADVANCED  
PERFORMANCE RULES, RESTRICTIONS  
& RANGES

SCHOOL & REC SCORESHEETS